


DELI MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(D) Egg Salad Sandwich on WW Bread (2) • Potato Salad (1) • Seasonal Fresh Fruit (1)	(A) Cheeseburger w/Bun (1) • Diced Russet Potatoes (2) • Cauliflower (1) • Fruit Cup (1) (B) Chicken Cordon Blue WW Bread (1)	(A) Beef Macaroni & Tomato (2) • Diced Beets (2) • WW Bread (1) • Seasonal Fresh Fruit (1) (B) Chicken Primavera w/Pasta (1)	(A) Butter Parsley Fish • Potato Wedges (2) • Peas & Carrots (1) • WW Bread (1) • Dessert (1) (B) Meatloaf (1)	(A) Scalloped Potatoes & Ham (2) • Capri Vegetables (1) • WW Bread (1) • Seasonal Fresh Fruit (1) (B) Turkey Tetrazzini (2)	(A) Pork Riblet w/BBQ Sauce • Mashed Potatoes (2) • Broccoli Cuts (1) • WW Bread (1) • Seasonal Fresh Fruit (1) (B) Country Fried Steak
(D) Chef Salad (1) • Potato Salad (1) • Fruit Cup (1) • WW Bread (1)	(A) Hearty Beef Vegetable Soup (1) • Potatoes O'Brien (2) • Apple Cranberry Compote (1) • WW Bread (1) • Orange Juice (1) (B) Baked Denver Omelet	(A) BBQ Boneless Chicken Thigh • Potato Wedges (2) • Fiesta Corn (1) • WW Bread (1) • Seasonal Fresh Fruit (1) (B) Swedish Meatballs	(A) Sliced Turkey w/Gravy • Mashed Potatoes (2) • Winter Mixed Vegetables • WW Bread (1) • Dessert (1) (B) Baked Herb Pork Chop	(A) Lemon Sage Roasted Chicken • Baby Baked Potatoes (2) • Diced Beets (1) • WW Bread (1) • Fresh Fruit Cup (1) (B) Salisbury Steak	(A) Pulled Pork w/Bun (2) • French Fries (2) • Sweet Peas (1) • Seasonal Fresh Fruit (1) (B) Sloppy Joe w/Bun (2)
(D) Homemade Chicken Salad On a bun (1) • Seasonal Fresh Fruit (1) • Carrot Sticks w/Ranch (1)	(A) Roasted Pork Loin • Diced Russet Potatoes (2) • Broccoli Cuts (1) • WW Bread (1) • Dessert (1) (B) Citrus Herb Tilapia	(A) Chicken Alfredo w/Pasta (4) • Mixed Vegetables • WW Bread (1) • Seasonal Fresh Fruit (1) (B) Meatball Primavera w/Pasta (2)	(A) Hamburger w/Bun • French Fries (2) • Stewed Tomatoes (1) • Seasonal Fresh Fruit (1) (B) Chicken Sandwich w/Bun (1)	(A) Seasoned Chicken Breast • Sweet Potatoes (2) • Capri Vegetables (1) • WW Bread (1) • Seasonal Fresh Fruit (1) (B) Fish Sticks (2)	(A) Chicken Spinach Pasta Casserole (1) • Green Beans • WW Bread (1) • Fruit Cup (1) (B) Tatortot Hotdish (1)
(D) Tuna Salad Sandwich on WW Bread (3) • Black Bean & Corn Salad (1) • Fruit Cup (1)	(A) Orange Chicken • Rice (1) • Diced Carrots (1) • WW Bread (1) • Seasonal Fresh Fruit (1) (B) Beef Stroganoff (1)	(A) Turkey Hot Dog w/Bun (1) • Potato Wedges (2) • Whole Kernal Corn (2) • Orange Juice (1) (B) BBQ Meatballs w/Bun (2)	(A) Pork Cutlet w/Mashed Potatoes & Gravy (2) • Winter Mixed Vegetables • WW Bread (1) • Orange Juice (1) • Dessert (1) (B) Beef Mostaccioli (1)	(A) Chicken Fritter (1) • Seasoned Potatoes (2) • Cauliflower (1) • WW Bread (1) • Fruit Cup (1) (B) Baked Fish w/Dill Sauce 	(A) Spaghetti & Meatballs (3) • Sweet Peas (1) • WW Bread (1) • Seasonal Fresh Fruit (1) (B) Goulash w/Pasta (2)
(D) Turkey Sandwich on WW Bread (2) • 2-Tomato Slices • Pickled Beets (1) • Seasonal Fresh Fruit (1)	(A) Teriyaki Chicken w/Broccoli Cuts (1) • Rice (1) • WW Bread (1) • Dessert (1) (B) Beef & Broccoli Stir Fry	<ul style="list-style-type: none"> • All menu items are subject to change. • All meals include a half pint of 1% milk. • Drivers are not allowed to leave meals outside, unattended. 	If you are unable to be at home during your delivery time, please call the office 699-3240 to make arrangements for other delivery options.		The number in (parentheses) is the carbohydrate (carb) count of each menu item.

To change your menu option, please call 699-3240 by the end of the prior week. To cancel a meal, please call by 12 p.m. the prior business day. To view menus or for other information, visit www.wesleylife.org and select "Rides & Meals."