

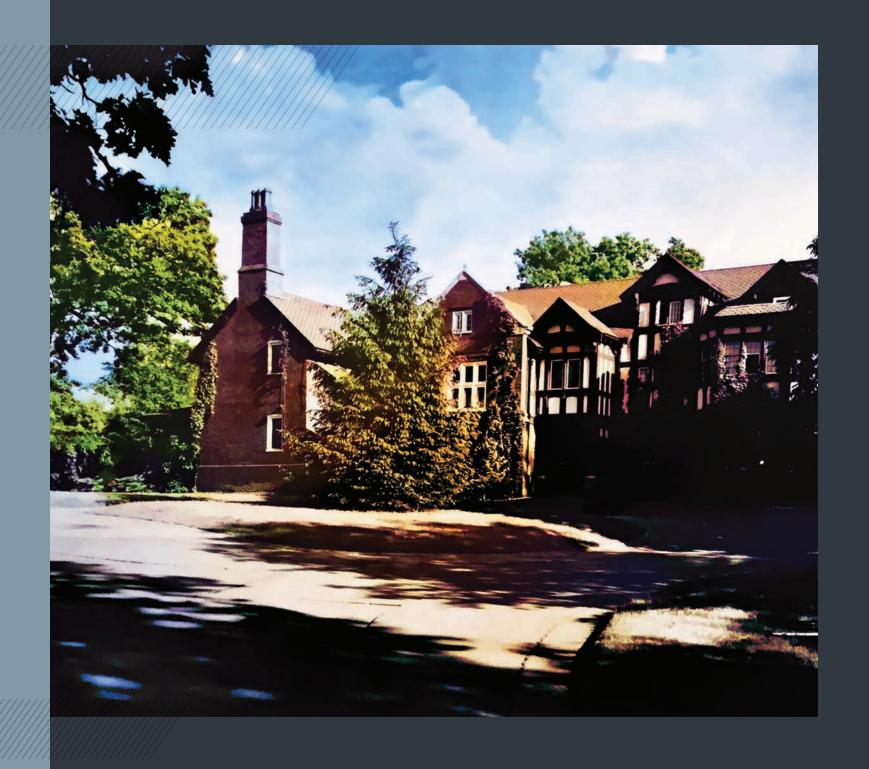
OUR MISSION

Guided by Christian compassion, we support the independence, health and well-being of older adults wherever they call home.

Table of **Contents**

- A Message from Our CEO
- Broadening Our Reach by Doing Good
- Celebrating 75 Years: Inspiration from Our Leaders
- Where We Serve
- Introducing WesleyLife Foundation
- Bridge Fund Benefits Contributor
- What a Wonderful Place
- The WesleyLife Promise
- Honoring through Endowment
- Much More than a Meal

- A Gala 75th-Anniversary Celebration Celebrating Our Past, Reimagining Our Future
- A Gala 75th-Anniversary Celebration A Unique Commemoration
- A Gala 75th-Anniversary Celebration What Would I Tell My Future Self?
- A Gala 75th-Anniversary Celebration One WesleyLife!
- Transforming through Generosity
- Leading the Way
- 2022 Financials at-a-Glance
- Growing to Serve



A Message from our CEO



There's much I can say about WesleyLife's diamond jubilee. But let me start with this: **It's been a blessed 75 years.**

Thank you to all who joined us in 2022 to celebrate a true milestone: The 75th anniversary of WesleyLife.

"Celebrating Our Past, Reimagining Our Future" was our anniversary theme, *and* there was much to celebrate and reimagine during a year of commemoration. You'll see examples of both of those things on these pages.

My own feelings around having spent nearly 27 years as President and CEO of WesleyLife are summed up in one word: grateful. Two words, if you allow me to add "humbled."

But from an organizational perspective, everything we've tried to achieve over these many years can be explained simply but eloquently in words that are not mine; they come from a resident we served more than 60 years ago. Her name was Mae Corrie, and she lived at Wesley Acres.

"Sixty years ago, a resident summed up her attitude toward aging: 'I am going to be the one to decide how I shall age, and how I shall continue to live.'"

When Mrs. Corrie was asked by her daughter, Evelyn Birkby, how she felt at the prospect of moving into what in those days was still called a "retirement home," Mrs. Corrie responded this way:

"I do not intend to wait until I am ill or helpless or reach the place where I need care and then have someone else plan what will happen to me. I am going to be the one to decide where and how I shall age, and how I shall continue to live."

Individuals like Mrs. Corrie motivate us here at WesleyLife as we create opportunities for residents, team members, clients, participants — really, everyone associated with us — to determine how their own aging process should look. We work to **inspire**, and to generate feelings of **hope and excitement** around aging."

I hope you'll glean from the following pages that 2022 was a time of great reflection, and for great optimism. It was a time for telling stories, and for **imagining the compelling stories yet to come.**

If you are familiar with WesleyLife, please know how thankful I am that you have been part of our first 75 years. If you're just meeting us, welcome. You're here at exactly the right time, as **our story is just beginning.**

God bless you,

Robert

Rob Kretzinger President and CEO, WesleyLife

Broadening our Reach by Doing Good

More than 240,000 hot, healthy meals were delivered to food-insecure Central lowans

military veterans were served through Meals on Wheels and We Honor Veterans hospice program

174
uninsured or
underinsured individuals
of all ages were
assisted through our
Public Health programs

More than JSCC team members served 8.547 residents, clients, and participants throughout the organization development projects

are under way to extend the breadth of our mission

Celebrating 75 Years: Inspiration from Our Leaders



As we move into the next 75 years, WesleyLife will continue to redefine what it means to age, and how aging is regarded."

WesleyLife's 75th anniversary celebration was a **momentous occasion**, and one I was honored to be a part of. Having joined the WesleyLife Board of Directors in 2006, I've seen quite a few changes, and tremendous growth.

Today, our board is filled with members who are forward thinkers, passionate, and great stewards of WesleyLife, and who continue to challenge us to always do better and achieve great things. I am grateful to be a part of this life-changing organization.

As I've thought about why I've remained involved with the organization for so long, one thing stands out: Our team members — especially our front-line workers: nurses, aides, drivers, volunteers — make WesleyLife who we are, and have made it so easy for me to stay engaged. They are the faces of WesleyLife, and their dedication is what brings us success and fulfillment.

A passion for service

Another reason I stay involved: It's rare to find a CEO who has served for the length of time and with the whole-hearted dedication with which our CEO, Rob Kretzinger, has been at the helm of our organization. WesleyLife's 75th anniversary coincided with Rob's 26th — and what an honor to also be able to thank him for his years of service. His passion is contagious and makes everyone around him want to serve.

This organization is built on **faith, foundation, vision, inclusivity, and so much more.** As we move forward into the next 75 years, I have no doubt that WesleyLife will continue to redefine what it means to age, and how aging is regarded. **I am honored** to have a seat at the table, and I thank those who are making a difference each and every day.

Sincerely,

Chad Rasmussen

Chairman, WesleyLife Board of Directors

Filled with gratitude

I am filled with gratitude to have been a part of the past several years leading up to WesleyLife's 75th anniversary. When I reflect on the "why" of our having come this far as an organization, one factor is head-and-shoulders above all others: the commitment of our team members, especially the ones you rarely hear about. We are blessed with team members who want to do good work, want to provide input, want to share their skills and passions, and enjoy both the challenges and opportunities that result from their work. WesleyLife has tried hard to create a consistent culture of trust in which people can do their best work, take great pride in what they do, and enjoy the people with whom they work. Investing in the emotional health and well-being of each team member encourages our team members to connect at a deeper level, live into their purpose, and build positive connections. Those things encourage servant-leadership, ensuring the organization is what it needs to be, both now and in the future.



... one factor is head-and-shoulders above all others: **the commitment of our team members, especially** the ones you rarely hear about.

We are **mightily proud** of our heritage — and we are equally proud of what is certain to come, in large part because of those committed and dedicated team members. I am humbled to hear, day-in and day-out, how those team members' connections to the work they do make a true difference in their lives, and provide them with the knowledge that they are part of something far larger than themselves. They feel privileged to be a part of this mission,

but the mission is indeed privileged to be driven by them. As we head into the next 75 years, **thank you** to everyone who does this important work.

Kristy VanDerWiel, Chief Culture Officer

Celebrating 75 Years: Inspiration from Our Leaders

I came away Wiser, motivated, and even **prouder** to be a part of the WesleyLife team and the story that shapes our foundation.



As I reflect on the 75th Anniversary of WesleyLife, it provides me **great joy** to be a part of an organization that is able to celebrate its heritage but to also do so in a way that reshapes its future. Much like the residents we have served over the last 75 years, all of those experiences WesleyLife has delivered and been a part of will inform our organization to what we can accomplish in the future to carry out our mission. The significance of our turning 75 is not something we have taken lightly, and I am grateful to be a part of this important effort. In my 2 ½ years with WesleyLife, not a day goes by that I haven't felt connected to our mission. I'm fortunate to be able to see, in real time, the successes of WesleyLife. Every day presents challenges; however, our **steadfast** approach to being better and meeting our current and future resident and client needs gives me much confidence that we will serve for the next 75 years and beyond.

Craig Flanagan, Chief Financial Officer

We started 2022 with many thoughtful

(and deep!) discussions

around our heritage and our vision for the future. These dialogues invited a cultural focus that allowed us to learn from — and respect — our 75-year history while fueling many visionary conversations around our approach to the next chapter in our steadfast mission. The result of these internal collaborations has left me **more excited**

for our future than ever before!

The history that maps the story of WesleyLife is fascinating — from our roots in the Methodist Church and how that has evolved to an even broader culture of inclusivity, to our sharp focus on health and well-being and how that shapes the experiences we create for our team members, residents, clients, and others. After months of digging through our archives to lift up areas of celebration during our 75th anniversary year, I came away wiser, motivated, and even prouder to be a part of the WesleyLife team and the story that shapes our foundation.

And a story that in some ways feels is just beginning

Amy Hutchins, Chief Marketing Officer

Enhancing Health and Well-Being: Where We Serve

WesleyLife Communities

- **1** Brio of Johnston Johnston, IA
- **2** Edgewater West Des Moines, IA
- 3 Halcyon House Washington, IA
- 4 Hearthstone Pella, IA
- **5** Heritage House Atlantic, IA
- 6 Park Centre Newton, IA
- 7 The Village Indianola, IA
- 8 Wesley Acres Des Moines, IA

WellSpire Communities

- **9** Crosstown Square Apartments Silvis, IL
- 10 Illini Restorative Care Silvis, IL
- **11** Fieldstone of DeWitt DeWitt, IA
- **12** The Summit of Bettendorf Bettendorf, IA

WesleyLife At Home

A combination of services including Home Healthcare, In-Home Services, Nutrition, Hospice Care, and Public Health Services is available in the counties shown in light blue. Adult Day Services are available in Polk and Jasper counties.

*Owned by Genesis Health System and managed by WesleyLife

WesleyLife Annual Report 7

Proud to Introduce

WesleyLife Foundation



Sophia S. Ahmad



What a year 2022 was for WesleyLife's philanthropic efforts! We raised a **record-breaking \$9.6 million** to fund our mission, which culminated in the achievement of our fundraising goal to develop a new Meals on Wheels Campus. The campus will **triple our meal capacity** as we **serve food-insecure older adults and military veterans** in our community.

As we move on in 2023, we are excited to share that we are launching our new **WesleyLife Foundation,** led by a separate governance board of community leaders and philanthropists who will guide our strategy for the ways contributed revenue and resources will impact our mission for years to come.

WesleyLife's philanthropic efforts are inspired by the famous words of John Wesley:

"Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all people you can, as long as ever you can."

A mission founded on philanthropy

Philanthropy at WesleyLife extends all the way back to our humble beginnings in 1947, when a charitable gift provided funding to secure the Chamberlain Mansion in Des Moines. The residence became WesleyLife's first home, and the pioneers who were the first residents of WesleyLife were protected there by a special promise that grew to become the WesleyLife promise: Any resident who has exhausted their resources through no fault of their own will not be asked to leave the community.

Thanks to generous contributors, we have been able to **uphold this promise for over 75 years,** providing services to enhance purpose and meaning in the lives of those we serve. Since then, we have expanded our focus to provide the needed resources for older adults wherever they call home, including addressing food-insecurity needs, capital projects to create vibrant communities, and even funding to ensure that team members are receiving the training they need to care for our clients and residents.

Through the **generosity** of our donors, volunteers and community leaders, we pursue bold mission-focused goals to honor our legacy and build a purposeful future. We cannot do this alone. As part of our community, **we invite you to join our circle of generous donors** that you will read about in the upcoming pages. Together and guided by our vision, we will create an exciting and joy-filled future together.

Sincerely,

Sophia S. Ahmad
Vice President of Philanthropy

WesleyLife's Team-Member Bridge Fund Benefits

Contributor

It all happened so quickly that Tyler can barely remember the turn of events. A full-time hospitality team member at a WesleyLife community in Central Iowa, Tyler was on a weekend camping trip with his wife when he stumbled and lost his footing, falling into a small campfire and badly burning his arm. His wife drove him to the nearest hospital, where emergency-room doctors treated Tyler for a third-degree burn to his forearm and elbow.

Skin-grafting surgeries followed, causing Tyler to miss weeks of work, and the young couple began to lag behind on bills. One of Tyler's fellow team members stopped by their apartment one day to check on Tyler, and during the course of their conversation, he suggested Tyler seek some financial support from the WesleyLife Bridge Fund.

"I hadn't even thought about that," Tyler said of the fund, an organization-wide emergency-assistance fund supported by team-member contributions. "The funny thing is — I've contributed to it since I started, just a little from every paycheck, but I didn't even think of applying for support for myself. I felt bad having to do it — but I did apply and received some money, and **it got us over the hump until I went back to work a couple weeks later."**

Sophia S. Ahmad, Vice President of Philanthropy for WesleyLife, said the Bridge Fund is designed to help team members in their greatest time of need, supporting them as they recover from accident or illness, a natural disaster, or the illness or loss of a loved one.

A cross-functional committee reviews applications to make sure they meet assigned criteria, then try to **assist as many individuals as possible.**

"We are grateful that so many team members contribute out of a sense of true compassion, and do it joyfully," Sophia says. "Since the fund's inception in 2019, 120 team members have received assistance. We hope to continue to strengthen the fund so it will be there for all who need to be lifted up during a challenging time."

Tyler, happily back at work full-time, says he never misses an opportunity to remind fellow team members to contribute to the Bridge Fund.

"You never know when you'll be the one in need," he says.

"I'll never forget the generosity of the people I work with. It makes WesleyLife an even more special place."

Learn more about supporting team members in need at wesleylife.org/foundation.

(*Team member's name has been changed at his request.)



Generosity enables resident to remain in the community she loves

Anne H. sits in her cozy sunroom, talking about the day she was terrified her life was going to change forever. "I love my kids, but the thought of having to move in with one of them was something

"I love my kids, but the thought of having to move in with one of them was something I wouldn't even consider – it would be demoralizing," she says. "I'm the mom — I'm supposed to have my life figured out. Moving in with one of the kids would mean they would feel they had to take care of me, and that was not acceptable to me."

This WesleyLife resident's name, and the name of her husband, have been changed at the resident's request.

Anne had planned to spend the rest of her life at a WesleyLife community in a small city near the one where she had grown up.

When she and her husband, Charlie, moved into independent living, both were young — barely 70! — healthy, and excited to be free of the responsibilities of the farm they had worked and lived on for decades.

The joy didn't last long, however. Two years after he and Anne moved into the community, Charlie developed shortness of breath and a nagging cough. The diagnosis: chronic obstructive pulmonary disease, or COPD. Charlie's doctor felt that Charlie's years of smoking as a young man plus a lifetime of exposure to harsh farm chemicals had led to his developing the disease.

Within months, Charlie was using supplemental oxygen 24/7; a small stroke soon followed. **Anne was grateful their community offered on-site healthcare for Charlie;** he relocated there, and she visited him daily for four years before another stroke claimed his life.

"I was devastated, but I was comforted by my faith and by the fact that so many of the other women in the community had lost a spouse," she remembers. "I thought I would bounce back OK, but when I look back, I had no idea what I'd be facing."

A few months after Charlie's death, their daughter visited; an accountant, she oversaw her parents' accounts, and she had some sobering news for Anne. **She was running out of money and likely would have to leave the community.**

"When Charlie was in the health center, I knew it was more expensive, but my thoughts were on getting him the best care, so I didn't really think about the money," Anne says. "My daughter had tried a few times to talk with me about it, but I wasn't ready to listen.

"By the time we talked about it, I had just a few months left before I'd have to move."

Stoic by nature, Anne resigned herself to having to leave the apartment she loved. But one night, as she tossed and turned, she remembered something: Shortly after she had Charlie had moved into the community, they had donated money to the campus's Good Samaritan Fund. They had been so pleased to find out that the fund was designed to help residents who had depleted their resources through no fault of their own, and they wanted to be a part of the effort.

Anne remembers wondering: "Could that fund help me now?"

The next morning, reluctant to approach the community's business office with her question, Anne asked her daughter to make contact. A week later, Anne learned **her prayers had been answered:** the Good Samaritan Fund was going to help her pay her monthly service fee, and she would be able to remain in the apartment she loved. Incredulous, Anne and her daughter cried with relief.

Later that very night, her community's executive director showed up at Anne's door. "She asked me to please not feel embarrassed or ashamed, which of course I did, but she reminded me that I had paid into the fund for years, and that **she was very happy that I would be staying**," Anne says. "Her kindness was overwhelming. I remember crying and thanking her, and I went to bed that night thinking, **'What a wonderful place.'**

"It's been two years now, and here I am, doing well.

All I can tell people reading this is: If you can contribute to help people like me, you could easily change someone's life. If you've already done that, thank you."

You can be a hero and help residents like Anne by including WesleyLife in your charitable and estate plans. Visit **WesleyLife.org/foundation** to donate online, or call **(515) 271-6789** to speak with a member of our Foundation team about **maximizing your impact** by including WesleyLife in your will.

The WesleyLife Promise

The Good Samaritan or Good Shepherd funds at several WesleyLife communities help uphold the WesleyLife Promise, which ensures that residents who deplete their financial resources through no fault of their own will not be asked to leave their homes with us. A donation made to a community's Good Samaritan/Good Shepherd fund will remain with that community, and will be used only on that campus.

Good Samaritan/Good Shepherd total endowment funds, including amounts raised in 2022

Good Samaritan Endowments

Wesley Acres \$3,285,196 Park Centre \$820,491

Heritage House \$405,595

Halcyon House \$948.374

Edgewater \$398,480

Hearthstone \$32.025

Brio of Johnston \$23,281

WesleyLife (Network Support Center) \$472,313

Anonymous Park Centre Good Samaritan Endowment

Park Centre \$2,625,127

Good Shepherd Endowment

The Village **\$961,160**

Scholarship Endowments

Dahl Adult Day, a WesleyLife Adult Day Center \$4,312 Willowbrook, a WesleyLife Adult Day Center \$22.537

Tonoring Through Endowment

Establishing a lasting legacy through an endowment is one of the most enduring gifts a person can offer.

Each WesleyLife endowment fund is held to perpetuity, and earnings are used to help fulfill its designated charitable purpose. Each fund is carefully managed according to the WesleyLife Investment Policy Statement, which states that up to five percent of the rolling 36-month average of the endowments are made available for spending according to the endowment purpose.

Endowment funds, including amounts raised in 2022, are included below.

\$83,670 Baker Employee Assistance Endowment Provides funds to help team members at Wesley Acres in their greatest time of need.

VanDyke Memorial Nursing Scholarship Established in memory of Helen Messenger and Gerald Van Dyke to provide nursing scholarships to team members at Park Centre. \$66,942

\$157,762 **Geisler Penquite Support Fund** Funds the area of greatest need at Park Centre and participant scholarships at Willowbrook Adult Day Center.

Other Endowments \$2,233,744

\$ 12,541,008 Total of all endowments:

Much more than a meal: Meals on Wheels cars, lined up and ready to help deliver to nearly 1,000 participants every day! The new Meals on Wheels campus with its state-of-the-art commercial kitchen will enable drivers like Brian Joens to WesleyLife's new Meals on Wheels serve a greater number of participants than ever before. campus will open in late 2023.

14 WesleyLife Annual Report

Well-being services set us apart as record donations steer us toward tripling meal capacity

Providing sustenance to people in need is the foundation of WesleyLife Meals on Wheels — but there's far more to our mission than handing a participant a hot, healthy lunch. Our well-being checks, performed by every driver on every route, can make a big difference in the health of our participants. And they're unique to WesleyLife; we are the only organization in our area that provides more than a meal — much more.

"For many of our participants, not only is their Meals on Wheels driver the only person they might see in the course of a day or week, but that driver is specially trained to recognize when something might not be quite right with someone on their route," Heather Stuyvesant, Director of Community Nutrition for WesleyLife, says. "We have instances every week in which a driver might suspect that a participant's health has taken turn. When that happens, we're able to contact a family member or friend, or, if necessary, call first responders."

Meals on Wheels driver Pam Reeves found herself in a potentially life-saving situation recently when she arrived at the home of participant Harvey on Des Moines' east side. When she knocked on the door, Harvey responded with a cheerful, "Yeah!" — his typical invitation to come in.

But on this day, he added something new: "Be careful."

"I opened the door and peeked around it, and there he was, lying on the floor just inside the door," Pam recalled. "I didn't want to panic him or make things worse, so I tried to keep my tone light and good-natured. I said, 'Well, what in the world are you doing?' and he responded, 'I don't really know.'"

Pam, who once worked on an ambulance crew, quickly assessed the situation: Harvey was on his back with a huge knot on his forehead and lacerations on his arm. He was cold and confused and seemed to be suffering from a concussion.

He tried to move, even though Pam advised him not to, and called out in pain.

"He tried to tell me he didn't need help, but I called the ambulance and Harvey's son, and when the first responders came, they wrapped his arm and started asking him some questions," Pam said. "He was confused while they were working on him, and they stabilized him and took him to the hospital."

Harvey's son, Shawn, phoned Pam later to thank her and to update her on Harvey's condition. In addition to his head injury, Harvey, 80, had suffered two broken ribs and numerous lacerations.

Doctors said if Pam had not discovered him when she did, his condition could have deteriorated rapidly.

"It was such a blessing that she came; my dad lives alone and was trying to get something in the kitchen and had fallen into his walker, then landed on the floor," Shawn says. "I wouldn't have gotten there till later on that day, and who knows what shape he would have been in

"I'll always be grateful that the driver heard him and helped him. For people who live alone, especially, you all are a lifeline."

Thanks to a record-breaking capital campaign, WesleyLife will continue to be able to help participants like Harvey and many, many more! More than \$9.6 million was raised to fund a new Meals on Wheels campus, which will allow us to triple the number of individuals we will be able to serve. Please turn to the last page of this report for more information on that initiative!



Meals on Wheels participant Harvey



Meals on Wheels driver Pam Reeves

A Gala 75th-Anniversary Celebration



WesleyLife marked 75 years of enhancing the health and well-being of individuals in lowa and beyond with a gala event on July 7, 2022, that was created around the theme

Celebrating Our Past, Reimagining Our Future.

Chief Culture Officer Kristy VanDerWiel, left, and Amy Knight, Director of People and Culture for WesleyLife at Home

Shannon Draayer, WesleyLife's Director of Health and Well-Being





1950 Celebration

A Gala 75th-Anniversary Celebration

YEARS WesleyLife

Kretzinger said, paying tribute to WesleyLife's prior CEOs and others who were instrumental in growing the organization from a "home for the aged" to one of the region's largest non-profit providers of services to help people live healthier, longer, and more purposeful and meaningful lives.

"Everything we do as an organization is based on the fact that

During the celebration — attended by hundreds of WesleyLife

non-profit serving older adults in the region.

residents, team members, clients, family members, friends, and well-wishers — WesleyLife President and CEO Rob Kretzinger paid tribute to the organization's tenure as the most established

"We're here because of those who came before us,"

"Everything we do as an organization is based on the fact that we are honored and privileged to serve — everyone from our leadership team to our front-line team members and everyone else with a role in WesleyLife is part of a mission that is bigger than ourselves," he continued. "As we continue to grow and evolve, that mission will still be at the center of all we do."

Dr. Laura Carstensen, founding director of the Stanford University Center on Longevity, followed Kretzinger on stage and praised WesleyLife for focusing not only on longevity but on quality of life for residents and clients. In heading a Stanford initiative called The New Map of Life, she predicts lifespans of 100 years or longer will soon be a reality for all, and that to accommodate those extra years, perceptions, norms and policies need a lot of updating.



A portion of the WesleyLife history wall

"Meeting the challenges of longevity is an all-hands, all-sector undertaking, requiring the best ideas from the private sector, government, medicine, academia, and philanthropy," Carstensen said. "The policies and investments we undertake today will determine whether we make the most of the 30 extra years of life that have been handed to us."

Chad Rasmussen, president of the WesleyLife Board of Directors, then took the stage to pay tribute to Kretzinger.

"We've heard stories that back in the '80s in Jefferson, Iowa, if a teenage Rob didn't show up on time for dinner, he could usually be found at the nursing home, sitting with a resident who was ill or lonely," Rasmussen said. "That's the Rob who still shows up for work every day, and at the foundation of every decision he makes."

Rasmussen closed by announcing that a custom art piece had been commissioned in Kretzinger's honor by regionally renowned artist and educator David Borzo. The piece, which depicts elements from the organization's heritage as well as future hopes and goals, was unveiled following the formal program.

After the unveiling, attendees browsed a history walk depicting WesleyLife from 1947 through the current day, left messages in a retro phone booth about their connections to WesleyLife, took photos with friends, enjoyed refreshments, and shared their thoughts on a future-vision story wall that asked the question: "What would you tell your future self?"

The event ended in the late afternoon of the 7th, but the enthusiasm it generated carried over into a monthslong celebration and continues to fuel the organization's commitment. Enjoy the photos on these pages!



WesleyLife Annual Report 19

A Gala 75th-Anniversary Celebration



A unique commemoration

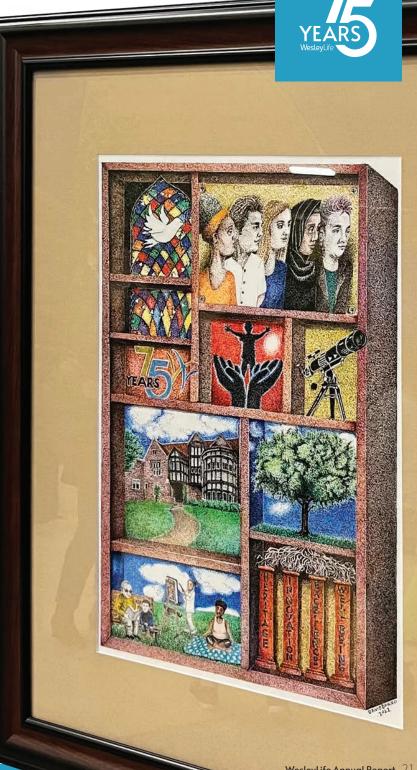
A highlight of WesleyLife's 75th-anniversary celebration: A commissioned work of art from David Borzo, a regionally renowned artist and educator. The piece, which was presented to President and CEO Rob Kretzinger during the event, depicts element s from the organization's heritage as well as future hopes and goals. It was created by a technique called stippling — drawing, painting, or etching using numerous small dots or specks.

About the image:

All images in the drawing represent various tenets of WesleyLife's history, as well as its mission, vision, values, and more.

- At the upper left, a stained-glass window depicts a dove to represent WesleyLife's faith foundation.
- The top right is a representation of WesleyLife's committed, passionate, diverse team members.
- Below that is an illustration that represents elevating the human spirit as we work to enhance holistic well-being.
- To the right: a telescope looks into a bright future as we work to reinvent and change perceptions about the experience of aging.
- The third space on the left: **the numeral 75** in honor of this anniversary.
- Below that: the Chamberlain Mansion, the site of WesleyLife's beginning, circa 1947. Next to it is a burr oak tree whose **extensive root system** calls to mind the **deep foundations** on which WesleyLife rests, and the intertwining of the individuals **who serve** and are served by WesleyLife.
- The roots rest on top of WesleyLife's pillars: **Heritage**, Innovation, Excellence, and Well-Being.
- Finally, the bottom space on the left represents the importance of self-expression, the integration of well-being of mind and body, and the importance and value of multigenerational relationships.

Opposite page: Borzo's granddaughter, Athena Borzo, unveils her grandfather's creation.



What would I tell my future self?

As WesleyLife made plans to celebrate 75 years, much thought was given to the organization's impact not just on the individuals and families we've served, but on ways we've touched — and continue to touch — the greater communities in which we're located. Through a premise of enhancing health and well-being for all, our message has always been far-reaching, so we considered, in planning: How do we share the celebration in a way that would resonate broadly, bringing others into our joy and our mission?

The answer: Find a way for people far and wide to consider their own aging journeys, and how they can take steps earlier in life to positively impact those journeys — joining us in impacting global perceptions around what it means to age. And out of those discussions came a unique component of our 75th anniversary observance: a group of story walls that prompted people in our communities and other locations and beyond to answer the question:

What would I tell my future self?

On the coming pages, you'll see some of those answers in the form of the story walls placed in WesleyLife locations and at our 75th anniversary celebration in Clive, Iowa, on July 7, 2022. Each of our 12 Communities for Healthy Living as well as our WesleyLife at Home and Wesley Community Services teams played key roles in the celebration, and on the following pages, you'll read about the special ways each location contributed to the special observance of our 75th anniversary.

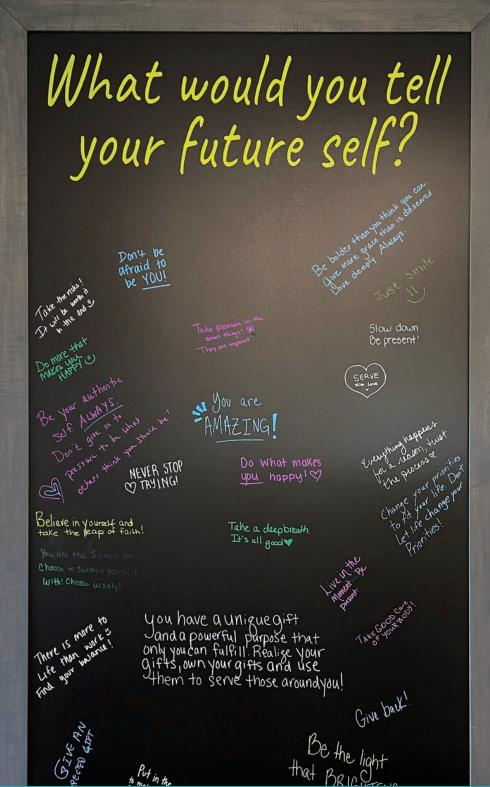
Every day, each of us ages...
but how do we think about that
process, and what are the factors
that impact how we view it?

As we work to reimagine
opportunities and examine
perceptions around the experience
of aging, take a moment to think
about your life's journey and what
you've learned along the way.

If given the opportunity...
what would you tell your future self?

VEARS WESLEYLIFE
Controlling our past. Palmonghing our future.

And hopefully, as you read some of the responses, you'll be compelled to form your own answers to questions around your own aging process. How you age is up to you; we wish you a journey filled with meaning, a sense of purpose, and great joy.





Visitors to the WesleyLife 75th-anniversary celebration added their responses to the "What would you tell your future self?" chalkboard.

YEARS WesteyLife

Three-quarters of a Century, 15 Locations —

One WesleyLife!

Our 75th anniversary marked a perfect time to look back at our history and marvel at the growth of a singular organization made up of many parts — each one with a personality and "flavor" all its own that contribute to our organizational strength, breadth, and promise. Today's WesleyLife is one that no one could have imagined in 1947, but one thing remains the same: our belief that everyone should have the opportunity to live a life of continued growth, experience, engagement, and meaning, regardless of physical, social, or economic circumstances. Ahead of our time even then, the arrival of each community brought with it the enhanced certainty that aging is an opportunity for growth, adventure, and joy.

Take a trip back in time with and meet the campuses that make us who we are!

1947: The organization now known as WesleyLife was created with the filing of articles of incorporation for *Wesley Acres* in Des Moines. The community welcomes its first resident, Dr. John L. Hillman, 84, the former president of Simpson College in Indianola. He is followed by Mrs. Anna Davis, Mr. C.B. Fountain, Mrs. Minnie Hamilton, and Mrs. Edith Lathrop. A journal entry says the five "were well attended by an administrator, Rev. Orin Young, as well as a cook, housekeeper, part-time maintenance man, and a nurse who came to Wesley Acres as needed." Today, Wesley Acres, nearing completion of a \$25 million redevelopment, is home to 275 residents and clients in all levels of living (independent and assisted living, memory care, short-term rehabilitation, and long-term nursing care), and employs 207 team members.



Wesley Acres







Heritage House



Park Centre



The Villag

1960: Haleyon House in Washington, Iowa, first opened a year before, is welcomed into the fold. Today, the community is home to 156 residents and employs 110 team members.

1962: Ground is broken for *Heritage House* in Atlantic, Iowa, which becomes the newest member of the Wesley family. A local newspaper praises plans for "a high-rise senior retirement center that will eventually grow to seven stories in height with nearly 100 windows cut into the front façade." Today, Heritage House is home to 155 residents and employs 155 team members.

1980s: Numerous enhancements are made to existing communities; WesleyLife begins serving the broader community with the opening of its first *adult day center*.

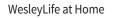
1990: Park Centre in Newton, Iowa, breaks ground, with Ruth and Paul Stewart putting down the first \$1,000 to reserve an apartment. Today, Park Centre employs 141 team members and serves 154 residents. About 50 miles to the southwest, **The Village** in Indianola, Iowa, is constructed near Simpson College, attracting many retired professors and their spouses. Today, The Village is home to 200 residents and employs 120 team members.



Far left: Residents at The Village in Indianola celebrate the community's heritage by placing flags around campus. Center: Heritage House health and well-being leader Jon Jordan holds a newspaper article spotlighting the community's boxing curriculum for people with Parkinson's disease. Near left: Wesley Acres Executive Director Damon Buskohl prepares to cook and serve breakfast to team members at his community.

A Gala 75th-Anniversary Celebration







WesleyLife Meals on Wheels



Edgewater



Hearthstone

2004: WesleyLife at Home launches in a mission-driven decision to expand services to individuals who had chosen to remain in their homes as they age. Today, offering a broad range of at-home services, WesleyLife at Home operates from a campus in Urbandale, Iowa, employing 204 team members and serving 1,010 clients.

2006: WesleyLife Meals on Wheels begins providing hot, healthy meals and well-being checks to older adults in Central Iowa. Today, Meals on Wheels serves about 1,000 meals a day via a team of dedicated drivers; our new campus near Drake University, opening in late 2023, will allow us to triple our capacity.

2009: Continuing to thrive with a health and well-being focus in the midst of a nationwide recession, WesleyLife opens *Edgewater* in West Des Moines. The community is already managing a waiting list when it opens its doors. Today, the community employs 148 team members and serves 284 residents. That same year, WesleyLife moves its organizational headquarters to Johnston, Iowa.

2010: Pella Regional Hospital gifts ownership of Pella Manor, Fairhaven East, and Jefferson Place to WesleyLife, which names the combined campuses *Hearthstone*.

2022 community snapshots

Near right: Team members at Brio of Johnston demonstrate their appreciation for one another. Center: Edgewater team member Eileen Stephens was named the community's 2022 Team Member of the Year for her dedication and commitment to the campus. Far right: WesleyLife at Home clinical team member Dena Kirkwood spends time with a furry friend at our Urbandale campus. Our culture welcomes pet visits!









Brio of Johnston



Illini Restorative Care



Crosstown Square

The community witnesses renovations of existing buildings and construction of The Cottages, whose innovative household concept makes industry news and wins a major national design award. Hearthstone lost Jefferson Place to water damage in 2020, but regained capacity with an addition to The Cottages. The community — in combination of all campuses — employs 171 team members and serves 219 residents.

2018: WeslevLife broadens its reach to the northwest suburbs of Des Moines with the opening of *Brio of Johnston*. The campus, enlarging in 2023 with the addition of townhomes, employs 120 team members and serves 130 residents.

2019: WesleyLife partners with Genesis Health System of Davenport, Iowa, to create WellSpire, with the affiliation strengthening a common mission to pave the way for older adults to live lives of greater purpose, meaning, health, and well-being. The partnership brings with it three communities: Westwing Place of DeWitt, Iowa, and Illini Restorative Care and Crosstown Square of Silvis, Illinois, and ground is broken for a fourth community.



The Summit of Bettendorf

2021: WellSpire's first new-build community, *The Summit* of Bettendorf, opens in the Quad Cities, bringing a focus on person-directed living to that market. Today, The Summit employs 95 team members and serves 150 residents.

2022: Fieldstone of DeWitt opens to replace Westwing Place with enhanced levels of living, capacity for service, and focus on person-directed living. Today, Fieldstone serves 91 residents and employs 133 team members.



Fieldstone of DeWitt

*Owned by Genesis Health System and managed by WesleyLife

Transforming through **generosity**: We thank our donors

The Legacy Society represents individuals who have named WesleyLife and/or one of our communities or programs in their wills or through other planned giving instruments. We are deeply moved by the decisions of these individuals to leave personal legacies with WesleyLife.

We work closely with current and future Legacy Society members to ensure the impact they expect will be realized, and we are honored to recognize and thank them.

Anonymous (4) Shirley and Duane Acker Bill and Helen Brantley Tom Carpenter James Morrison Collier Richard and Ruth Davitt Philip Dorweiler Gladys M. Ferguson Mr. Howard Frazier Elizabeth Frink

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Donors of Distinction WesleyLife recognizes living donors and organizations with a lifetime giving total of \$100,000 or more through 2022 as Donors of Distinction. By achieving this level of giving, these donors have demonstrated trust in and commitment to WesleyLife's mission, vision, and values.

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28 WesleyLife Annual Report

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Annual Donor Circles We gratefully acknowledge the following individuals and organizations for their 2022 contributions to WesleyLife. The donor levels include all gifts and pledges made from January 1 through December 31, 2022. Future pledge installments are recognized in the year they are originally committed.

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*Deceased *Deceased

Transforming through generosity

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Transforming through **generosity**

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Leading The Way

WesleyLife is governed by an all-volunteer board of directors.

Since 1947, the board has led the growth of WesleyLife from a single retirement community to a comprehensive network of health and well-being services and initiatives for older adults, wherever they call home. Drawing upon both life experience and areas of professional expertise, board members provide oversight for the entire organization and define the ways WesleyLife lives its mission.



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Dr. Christina Taylor Chief Medical Officer, McFarland Clinic

*Deceased 32 WesleyLife Annual Report WesleyLife Annual Report 33

2022 Financials At-A-Glance

Audited Balance Sheet

ASSETS:

Cash and investments	\$ 68,376,807
Receivables	\$ 10,986,736
Other assets	\$ 194,114
Assets with limited use	\$ 22,442,019
Right of Use Assets	\$ 717,808
Property and equipment	\$ 289,942,125
Total Assets	\$ 392,659,609

NET ASSETS:

\$ 31,898,237
\$ 24,133,409
\$ 7,764,828

STEWARDSHIP RESPONSIBILITY NOTE

Our goal as a not-for-profit organization is to have the resources available to fund the following mission needs: charitable services, periodic operational shortfalls, investment in property and equipment, program enhancements, and future growth. Your contributions are essential to help provide these resources.

Audited Statement of Operations

REVENUE:

Net direct services revenue Use of contributions Non-operating losses	\$ 142,877,419 \$ 10,361,202 \$ (10,507,610)
Total Revenues	\$ 142,731,011

EXPENSES:

Salaries, benefits, and contracted expenses Depreciation and amortization Interest and amortization of bond issue costs Other expenses	\$ 91,693,316 \$ 15,265,181 \$ 6,802,341 \$ 42,482,807
Total Expenses	\$ 156,243,645
Excess (Deficit) of Revenue over Expenses	\$ (13,512,634)

GOOD SAMARITAN/SHEPHERD CARE:

Total Good Samaritan/Shepherd Care \$ 6,909,592



Townhomes will be added to Brio of Johnston's campus beginning in 2023.



Wesley Acres in Des Moines has undergone a \$25 million redevelopment over a period of two years.

Growing To Serve

As we move into our *next* 75 years, WesleyLife continues a period of unprecedented growth and development!

Projects set for completion in 2023 include a \$25 million redevelopment at **Wesley Acres** — the campus in Des Moines, Iowa, on which WesleyLife was founded, and one that is poised to serve current and future generations with an enhanced connection to the Greater Des Moines community. And a new **WesleyLife Meals on Wheels** campus near Drake University, also in Des Moines, will provide dramatically increased capacity for meal production and offer multigenerational programming and experiences designed to assist in preventing social isolation among older adults.

Master planning is under way at **The Village** in Indianola, Iowa, to better integrate the campus with the surrounding neighborhood and enhance its presence in the community as a hub of health and well-being programming. Finally, the addition of townhomes on the **Brio of Johnston** campus in Johnston, Iowa, will offer a wealth of community-based amenities in a wholly independent setting.

Stay tuned in the year ahead as we unveil further opportunities to broaden the reach of our mission!







Projected enhancements to The Village in Indianola

WesleyLife Annual Report 2022